

# STAGE 1 CYCLES

## MORNING FAVOURITES (AVAILABLE ALL DAY)

Full English Breakfast (only available before 11am) 8.00 (v option available)  
Breakfast Sandwich, sausage, bacon, poached egg 5.95 (v option available)  
Bacon Butty 4.00  
Sausage Butty 4.50 (Vegan option available)  
Beans on toast (v) 3.75  
Cheese on toast served with chutney 4.50  
Poached/Scrambled egg on toast 4.25  
Poached Egg 1.00  
Toast (x2) with butter, jam or honey or syrup 2.50  
Porridge; with honey or syrup or jam (v) 3.25  
Toasted teacake & tea or coffee (v) 3.75/4.75

## HOT SANDWICHES

Locally baked bread roll (multigrain or white) served with salad, homemade coleslaw and crisps  
Posh fish finger sandwich, tartar sauce and rocket 7.25  
Homemade veggie burger (vegan available) 6.75  
Local beef burger served with Wensleydale cheese and caramelised onions 7.95

## PANINIS OR TOASTIES

Served with salad, homemade coleslaw and crisps.  
Cheese and onion (v) 6.25  
Ham, cheese & onion 6.75  
Homemade pesto hummus, roast pepper and rocket (v) 6.25  
Wensleydale Cheese and chutney (v) 6.50  
Bacon, Brie and Caramelised onion 6.95  
Tuna melt 6.75

## SOUP

Homemade soup and warm roll (v) 4.75  
Soup and sandwich 6.15 (choose a sandwich filling from below)

## SANDWICHES

Locally baked bread roll (multigrain or white) served with salad, homemade coleslaw and crisps  
Wensleydale and Raydale chutney (v) 5.95  
Ham and Raydale piccalilli 5.95  
Brie, rocket and cranberry (v) 5.95  
Homemade pesto hummus, roast peppers and rocket (v) 5.75  
Tuna Mayo 5.95

## JACKET POTATO

Served with salad and homemade coleslaw:  
Cheese (v, gf) 6.00  
Beans (gf, vegan) 6.00  
Cheese +Beans (gf, v) 6.50  
Wensleydale Cheese & roast pepper (gf, v) 6.75  
Tuna Mayo (gf) 6.75

## QUICHE AND SAUSAGE ROLL

Homemade quiche or sausage roll of the day served with salad crisps and coleslaw 5.50 (v)

## SALADS

Freshly made to order, served with a rustic bread roll, and coleslaw 6.75  
Tuna Mayo  
Ham  
Wensleydale and Roast Peppers (V)

## KIDS OPTIONS

Posh Fish finger sandwich served with carrot, cucumber sticks and crisps. 5.50  
Cheese and tomato panini pizza served with carrot, cucumber sticks and crisps. 5  
Sandwich or Toasties; Ham, Tuna or cheese served with carrot, cucumber sticks and crisps. 5.25  
Beans on toast 3.00  
Hash browns beans and sausage 5  
Bacon Butty 3.50  
Cheese on toast 3.25  
Scrambled/poached egg on toast 3.50  
Firebox Picnic Plate; cheese, ham, tuna or jam sandwich, small cake, pack of raisins, carton of juice, carrot, cucumber sticks and crisps. 5.95